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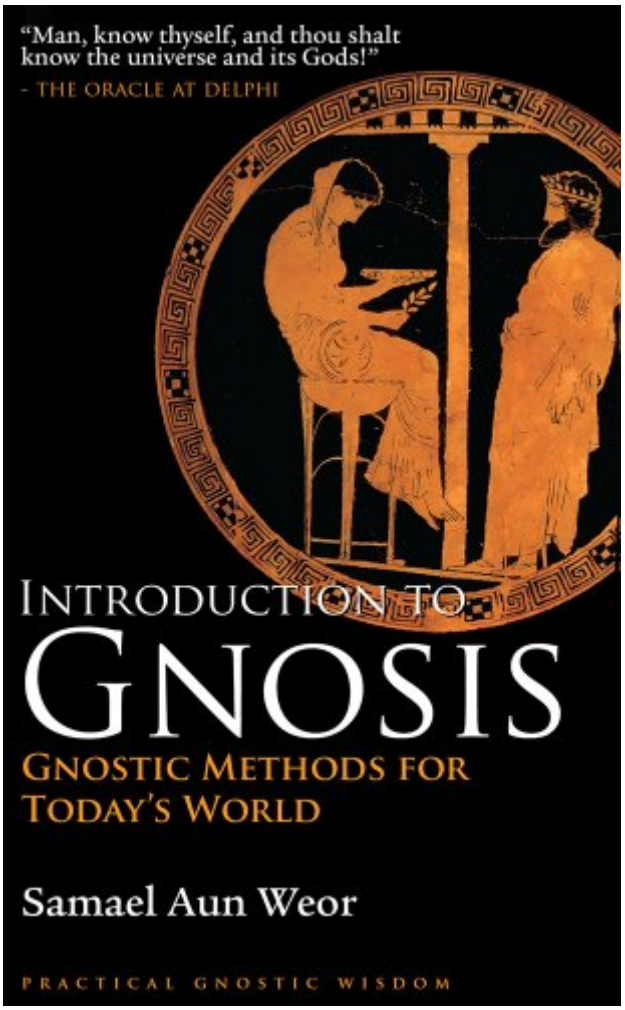
Introduction To Gnosis



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Synopsis

In ancient times, the Gnostics sought for salvation through personal, experiential knowledge of the Divine. Their methods of self-reliance and their sublime knowledge profoundly impacted society, such that the dominant powers felt threatened and the tradition was forced to disappear from public view. Now, after centuries of obscurity, the Gnostics have re-emerged, still carrying their profound message of Gnosis: knowledge of self and the Divine. In a simple and elegant way, Samael Aun Weor explains the basic methodology for people in today's world to begin to approach the greater mysteries of the Gnostics. In this basic and practical guide, Samael Aun Weor offers a breadth of exercises guiding the reader to discover within themselves a wealth of insight and understanding. Gnosis, after all, is Greek for knowledge, and the seeker is told, "Know thyself, and thou shalt know the universe and its Gods." "A great author deduced that the human being needs eight important things in life: health and the conservation of life, nourishment, sleep, money and the things money can buy, life in the beyond, sexual satisfaction, the well-being of his children, and a sense of proper importance. We synthesize these eight things into three: 1. Health 2. Money 3. Love "If you really want to acquire these three things, you should study and practice everything that this course teaches you. We will show you the path of success." - Samael Aun Weor Includes the lecture "How to Make Light Within" and the pamphlet "Marriage, Divorce, and Tantra." Topics include: An Exercise to Control Your Anger; The Power of Thought; Mental Force; Concentration of the Mind; The Law of Karma; Favorable Circumstances; The Descent of Cosmic Vibration; Prana; The Names of the Tattvas; Properties of the Tattvas; Money; Clairvoyance; Alcoholism; Meditation and Intoxication; Osmotherapy; Mental Relaxation; Concentration; Meditation; Contemplation; The Universal Mind; Imagination and Will; Mental Action; Mental Epidemics; Mental Hygiene; Vegetarian Diet; Self-observation; Chatter; Ã¢â ¬Å“IÃ¢â ¬â„¢s" in the Five Centers; Matrimony, Divorce, and Tantra; and more.

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Customer Reviews

I was studying the author's other books for years before I read this one. I thought this would be a simplified version of what was already written elsewhere but I was pleasantly surprised to find it contains instructions for many useful exercises that I hadn't seen before.Whether or not this is actually the best book with which to start learning gnostic practice depends on who is reading. This book ends most chapters with a practical exercise. That's great for people who are open to trying new spiritual practices. I wouldn't recommend it for people who are investigating gnosis from the perspective of another religion though. For Christians, I would recommend starting with the book, Treatise of Revolutionary Psychology, also by the same author. For those who already have a deeper understanding of more than one religious tradition, I recommend reading The Perfect Matrimony first.This book is a good start for people who are interested in meditation or esotericism but not too firmly attached to any particular religious system.

This book is short yet so tremendously useful and insightful. It contains practical exercises and helpful concepts. I am yet to read a book by Samael that does not leave me in wonder and awe... Pure magic.

Amazing book! Great knowledge within the book !

This is ancient wisdom every person should read 100 times over again. The detail and knowledge of this book is worth an infinite sum of money. Samuel Aun Weor is a blessing!

transformational in content!

This is a great book. And I truly recommend it. I have learned a lot and its very deep and insightful. Check it out! It was an excellent experience.

exactly what i expected, a good concise introduction to the philosophy and mysticism surrounding gnosticism. i would recommend it to anyone who wants a crash course.

This book is a good start for those who are unfamiliar with Gnosis. It is a small an easy to read introduction to Samael Aun Weor's work with Gnosticism. Definitely a great gift for anyone who isn't well versed in esoteric knowledge.

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